



2019

# April

## Healthy For Life

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Mozz. Sticks w/Mar.Sauce Chick.Nuggets w/WG Brd. All Amer.Chef Sal.w/WG Crks Baked Fries Seasoned Peas Garden Salad Fresh Fruit or Juice	<b>2</b> Cheeseburger Chicken Nuggets w/WG Brd. Brd.Chick.Caesar Sal.w/WG Crkrs Baked Fries Sweet Golden Corn Garden Salad Fresh Fruit or Juice	<b>3</b> Salisbury Steak w/Gravy Chicken Nuggets w/WG Brd. All American Cobb Salad w/WG Crackers Parslied Noodles Seasoned Green Beans Garden Salad Blueberries w/Whip Top.or Juice	<b>4</b> Walking Taco Chick.Nuggets w/WG Bread Ranch Chicken Salad w/WG Crks Steamed Rice Vegetarian Beans Fresh Baby Carrots Applesauce or Juice	<b>5</b> BBQ Chicken Sandwich Cheese Pizza Turkey & Cheese Sandwich Baked Tater Tots Steamed Broccoli Fresh Celery Sticks Fresh Fruit or Juice
<b>8</b> Hot Dog on a Bun. Chicken Tenders w/WG Brd. Ham & Cheese Sandwich Baked Fries Seasoned Peas Fresh Tomato Wedges Fresh Fruit or Juice	<b>9</b> Hot Turkey Sandwich Chicken Nuggets w/WG Brd. Ham & Cheese Sandwich Green Beans Mashed Potatoes Red Pepper Slices Mixed Berry Cup or Juice	<b>10</b> Macaroni & Cheese BBQ Rib on a Bun Turkey & Cheese Sand. Cinn.Sweet Potatoes Stewed Tomatoes Fresh Baby Carrots Fresh Fruit or Juice	<b>11</b> Chicken Tenders w/WG Brd. Hot Dog on a Bun Chick.Caesar Sal.w/WG Crkrs Mashed Potatoes Golden Corn Garden Salad Cake w/Strawberry Topping or Juice	<b>12</b> Fish Sticks w/WG Brd. Cheese Pizza Ham & Cheese Wrap Baked Fries Orange Glazed Carrots Fresh Celery Sticks Fresh Fruit or Juice
<b>15</b> French Tst.Stick w/Sausage Hot Dog on a Bun Ham & Cheese Sandwich Baked Tater Tots Seasoned Green Peas Fresh Broccoli Diced Pears or Juice	<b>16</b> Cheeseburger Chicken Nuggets w/WG Brd. Turkey & Cheese Wrap Baked Fries Steamed Carrots Cucumber & Tomato Salad Diced Peaches or Juice	<b>17</b> Popcorn Chicken w/WG Brd. Chicken Patty Sandwich Ham & Cheese Sand. Steamed Broccoli Baked Tater Tots Garden Salad Fresh Fruit or Juice Cake w/Strawberry Topping	<b>18</b> <b>Early Dismissal</b> <b>Bag Lunch Available</b>  <b>Order Accordingly</b>	<b>19</b> <b>SPRING BREAK</b>
<b>22</b> <b>SPRING BREAK</b>	<b>23</b> Hot Dog on a Bun Chicken Nuggets w/WG Brd. Chick.Caesar Sal.w/WG Crkrs Baked Fries Green Beans Fresh Red Pepper Slices Fresh Fruit or Juice	<b>24</b> Ham & Ch.on Pretzel Roll Chicken Patty Sandwich Turkey & Cheese Sandwich Baked Fries Orange Glazed Carrots Garden Salad Fresh Fruit or Juice	<b>25</b> <b>Parent Visitation</b>  <b>Bag Lunches Available</b> <b>Order Accordingly</b>	<b>26</b> Walking Taco Cheese Pizza Popcorn Chick.Sal.w/WG Crkrs Baked Tater Tots Fresh Baby Carrots Cake w/Strawberry Topping or Juice
<b>29</b> Fish Sticks w/WG Brd. Chick.Nuggets w/WG Brd. Popcorn Chicken Salad w/WG Crackers Baked Fries Glazed Carrots Fresh Baby Carrots Applesauce or Juice	<b>30</b> Walking Taco Chicken Nuggets w/WG Brd. Ham & Cheese Wrap Baked Tater Tots Seasoned Peas Fresh Celery Sticks Fresh Fruit or Juice			<b>PRICES:</b> <b>Free</b> <b>Reduced - \$.40</b> <b>Paid - \$2.30</b>

### More Info...

**Offered Daily**  
 Fresh Fruit  
 Or Juice  
 Fresh Vegetables

1% Milk  
 Skim Milk  
 Chocolate Skim Milk  
 All Breads, Rolls,  
 Pasta and Pizza  
 Dough is Whole Grain

Students must pick at least one serving of fruit or vegetable with their meal

In accordance with Federal law and US Dept of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity.

Menus are subject to change without notice.